

<b>DECISION-MAKER:</b>	SCRUTINY INQUIRY PANEL
<b>SUBJECT:</b>	CARER FRIENDLY SOUTHAMPTON – SUPPORTING CARERS IN THEIR CARING ROLE
<b>DATE OF DECISION:</b>	25 FEBRUARY 2021
<b>REPORT OF:</b>	DIRECTOR – LEGAL AND BUSINESS OPERATIONS

<b><u>CONTACT DETAILS</u></b>			
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<b>STATEMENT OF CONFIDENTIALITY</b>
None

<b>BRIEF SUMMARY</b>
At the sixth meeting of the 'Carer Friendly Southampton Inquiry' the Panel will be considering issues related to supporting carers in their caring role.

<b>RECOMMENDATIONS:</b>
(i) The Panel is recommended to consider the comments made by the invited guests and use the information provided as evidence in the review.

<b>REASONS FOR REPORT RECOMMENDATIONS</b>
1. To enable the Panel to compile a file of evidence in order to formulate findings and recommendations at the end of the review process.

<b>ALTERNATIVE OPTIONS CONSIDERED AND REJECTED</b>
2. None.

<b>DETAIL (Including consultation carried out)</b>						
3. The sixth meeting of the Carer Friendly Southampton Inquiry will focus on supporting carers in their caring role. This will include the move to Personalised Care and understanding how this applies to carers.						
4. Personalised health and care means ensuring that people can make more informed choices and be more involved in decisions about their health and care. There are 6 key elements of personalised care.						
<table border="0"> <tr> <td style="background-color: #0070C0; color: white; padding: 5px; text-align: center;">Patient choice →</td> <td style="background-color: #0070C0; color: white; padding: 5px; text-align: center;">Shared decision making →</td> <td style="background-color: #0070C0; color: white; padding: 5px; text-align: center;">Patient activation and supported self-management →</td> </tr> <tr> <td style="background-color: #0070C0; color: white; padding: 5px; text-align: center;">Social Prescribing and community based support →</td> <td style="background-color: #0070C0; color: white; padding: 5px; text-align: center;">Personalised care and support planning →</td> <td style="background-color: #0070C0; color: white; padding: 5px; text-align: center;">Personal health budgets →</td> </tr> </table>	Patient choice →	Shared decision making →	Patient activation and supported self-management →	Social Prescribing and community based support →	Personalised care and support planning →	Personal health budgets →
Patient choice →	Shared decision making →	Patient activation and supported self-management →				
Social Prescribing and community based support →	Personalised care and support planning →	Personal health budgets →				

5.	<p>More information about Personalised Care can be found via the links below:  <a href="https://www.england.nhs.uk/personalisedcare/">https://www.england.nhs.uk/personalisedcare/</a>  <a href="https://www.youtube.com/watch?v=RXOd-7rn6so&amp;feature=youtu.be">https://www.youtube.com/watch?v=RXOd-7rn6so&amp;feature=youtu.be</a></p>
6.	<p>When reflecting on supporting carers in their caring role the NICE Guidance, 'Supporting Adult Carers', published in January 2020, recommends that:</p> <p><b>Working with and involving carers</b></p> <ul style="list-style-type: none"> <li>○ Health and social care organisations should promote ways of working with carers that acknowledge them as expert partners in care and value their skills and knowledge about the person they care for. These approaches should be incorporated into formal policies and processes.</li> <li>○ Health and social care practitioners should work in partnership with carers and treat them as a valued member of the care team around the person being cared for, with the person's consent. This should include involving carers in decision making and care planning and keeping them up to date.</li> <li>○ During discussions with carers about the person they are caring for: <ul style="list-style-type: none"> <li>● take into account the mental capacity of the person being cared for and their wishes around confidentiality.</li> <li>● share with carers the information they need to provide care effectively and safely while respecting confidentiality (explain to them the constraints of confidentiality).</li> </ul> </li> <li>○ Be open and honest with carers about the health condition, disability or needs of the person they care for (with the person's consent), including when information is difficult or upsetting. Explain how it is likely to progress so that carers understand how their caring role might change in the future.</li> </ul> <p><a href="https://www.nice.org.uk/guidance/ng150/chapter/Recommendations#information-and-support-for-carers-overarching-principles">https://www.nice.org.uk/guidance/ng150/chapter/Recommendations#information-and-support-for-carers-overarching-principles</a></p>
7.	<p>To provide a carers perspective on the issues the Panel will hear from carers about their experiences working with health and care services.</p>
8.	<p>Following the insight from carers a number of guests have been invited to provide the Panel with information on the issues:</p> <ul style="list-style-type: none"> <li>● <b>Lee Culhane - Hampshire Young Carers Alliance</b></li> <li>● <b>Alison Froude - Delivery Partner (South East Region) Personalised Care Group, NHS England &amp; Improvement</b> – Alison will be providing a national perspective on supporting carers in the context of Person Centred Care.</li> <li>● <b>Moraig Forrest Charde - Deputy Associate Director, Integrated Commissioning Unit</b> – Moraig will provide a Southampton perspective on supporting carers in the context of Person Centred Care.</li> <li>● <b>Carl Adams - Head of People Participation at the Academy of Research &amp; Improvement, Solent NHS Trust</b> – Carl will discuss the change in culture and practice required.</li> <li>● <b>Tammy Marks - Service Manager: Special Educational Needs and Disability, SCC</b></li> </ul>

	<ul style="list-style-type: none"> <li>• <b>Vickey Kowal - Southampton Parent Carer Forum Coordinator</b> – Tammy and Vickey will be discussing supporting parent carers.</li> </ul>
9.	The invited guests will take questions from the Panel relating to the evidence provided. Copies of any presentations will be made available to the Panel.
<b>RESOURCE IMPLICATIONS</b>	
<b><u>Capital/Revenue/Property/Other</u></b>	
10.	None
<b>LEGAL IMPLICATIONS</b>	
<b><u>Statutory power to undertake proposals in the report:</u></b>	
11.	The duty to undertake overview and scrutiny is set out in Part 1A Section 9 of the Local Government Act 2000.
<b><u>Other Legal Implications:</u></b>	
12.	None
<b>RISK MANAGEMENT IMPLICATIONS</b>	
13.	None
<b>POLICY FRAMEWORK IMPLICATIONS</b>	
14.	None

<b>KEY DECISION?</b>	No
<b>WARDS/COMMUNITIES AFFECTED:</b>	None
<b><u>SUPPORTING DOCUMENTATION</u></b>	
<b>Appendices</b>	
1.	None

**Documents In Members' Rooms**

1.	None
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**Equality Impact Assessment**

Do the implications/subject of the report require an Equality and Safety Impact Assessment (ESIA) to be carried out?	<b>No</b>
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**Data Protection Impact Assessment**

Do the implications/subject of the report require a Data Protection Impact Assessment (DPIA) to be carried out?	<b>No</b>
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**Other Background documents available for inspection at:**

<b>Title of Background Paper(s)</b>	<b>Relevant Paragraph of the Access to Information Procedure Rules / Schedule 12A allowing document to be Exempt/Confidential (if applicable)</b>
1.	None